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September 5, 2024



## Parenting Time Adjustment Worksheet

After reading the definitions included in this form, please complete the parenting time form below.

The Guidelines require that the amount of support be adjusted according to the amount of time the support payor spends with the child(ren). Please estimate the amount of time spent annually after considering:

- Your court order
- Any parenting plan
- What has occurred in the past
- What is expected to occur

Using the following definitions, add together each block of parenting time to arrive at the total number of parenting days per year. Calculate the number of parenting time days arising from any block of time the child spends with the support payor in the following manner:

- Each block of time begins and ends when the support payor receives or returns the child from the support recipient or from a third party with whom the support recipient left the child. Third party includes, for example, a school or childcare provider.
- Count one day of parenting time for each 24 hours within any block of time.
- To the extent there is a period of less than 24 hours remaining in the block of time, after all 24-hour days are counted or for any block of time which is in total less than 24 hours in duration:
  - A period of 12 hours or more counts as one day.
  - A period of 6 to 11 hours counts as a half-day.
  - A period of 3 to 5 hours counts as a quarter-day.
  - Periods of less than 3 hours may count as a quarter-day if, during those hours, the support payor pays for routine expenses of the child, such as meals.

Weekend periods: \_\_\_\_\_ days  
Midweek periods: \_\_\_\_\_ days  
Extended periods: \_\_\_\_\_ days  
Holiday periods: \_\_\_\_\_ days  
School breaks: \_\_\_\_\_ days  
Other periods: \_\_\_\_\_ days

**TOTAL** \_\_\_\_\_ **DAYS per YEAR**

**Please Note:** This information is for the purpose of child support calculation only and does not legally establish the right to any specified amount of parenting time. The Division of Child Support Services does not provide services to settle disputed issues of custody or parenting time.

